

# ROOT TO RESTORATION (MAIN)

*Dr. Leena Rawal*

## CHANDIGARH

(1st to 4th February)



COURSE	BEFORE 15 <sup>th</sup> Jan.	AFTER 15 <sup>th</sup> Jan.
1st - 2nd February [ Endodontics ]	16000/-	19000/-
3rd - 4th February [ Composites ]	16000/-	19000/-
For all 4 Days (Endo. + Comp.)	27000/-	30000/-

**Loupes will be provided to each participants for Hand-on**

- ★ Includes : Breakfast, Lunch & 2 times high Tea & Certification.
- ★ All Materials for Handson & Endomotors will be provided by us



**CONTACT US:**  
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### DAY 1

#### ACCESS OPENING & ACHIEVEMENT OF GLIDE PATH

- Access Openings : Desired Shaps & Size for each tooth.
- Tips & Tricks for Conservation access opening & preven -tion of Furcal Preforation.
- Pre-endo build-up. Why an How?
- Make sure you get them all.... How to find all canals predictably?
- Myths about Mb2 canal in maxillary molars & Tips & Tricks to find the Mb2 in maxillary morals and MM canal in Mandibular Morals.
- Role of 10K file to Achieve glide path (Most neglected Step in my Humble Opinion).
- Demonstration and Hand-on for Achieving the Correct Glide Path.
- This Matters....Correct Hand movement for Filling, watch Winding & Balanced force Technique with Live Demonstration.

### DAY 2

#### SHAPING, IRRIGATION & OBTURATION

- Canal Shaping: Crown Down & Step Back Technique.
- Correct Protocol for use of any Rotary System to Prevent/ Eliminate File Separation.
- Management of Severely Curved Root Canal System By TCA Technique.
- Determining the Final Taper & Apical Diameter of a Canal.
- Various Irrigating Solutions : Which one to use Where?
- Role of Irrigating Activation : How to Perform it In a Simple & Economical Way.
- Irrigation Protocol for Vital & Non Vital Teeth.
- Various Obturation Technique : Live Demo and Hands-on.
- Achieving 3D Obturation : Lateral Canal Fill & Apical Delta.
- Post-Endodontic Restoration Crown of Not?
- Live Rubberdam Demonstration on Patient.
- Brief Introduction into the World of Partial Indirect Restroation : Inlays & Onlays.

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### DAY 3 ANTERIOR COMPOSITES

- Building 'Life-like' Restorations.
- Shade selection for Anterior Composites: A simple, predictable approach.
- Restoration of Class IV built-up using the enamel shell technique.
- Direct composite laminates using basic (2 shades) & advance (multiple shades) layering techniques.
- Technique for diastema closure with various clinical tips.
- How to prevent demarcation line between Restoration & Tooth? Role of Bevel: when, where & how to give.
- Making them Last: Various finishing & polishing protocol for anterior composites.
- How to increase longevity of Class V Restorations.
- Role of retraction cord in Class III & Class V restorations & methods for cord packing.
- Role of Rubberdam isolation with LIVE PATIENT DEMONSTRATION.

### DAY 4 POSTERIOR COMPOSITES

- Get them Tight: How to choose a matrix system for Class II Restorations (According to Tooth Position & Anatomy)
- Trilaminar Technique for Posterior Restorations.
- Incremental cusp by cusp build up to reduce C-Factor.
- Bonding Systems and Technique for use.
- How to Prevent Overfilling: Clinical Tips for Daily Practice.
- Role of bulk-fill composites.
- Custom Shield Technique.
- Instruments & Armamentarium needed.
- Finishing & Polishing Protocol.
- Role of multiple tooth isolation in Posterior Composite Restorations, How to do it?
- The role of Teflon in Posterior Restorations: When, Where and How.

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