### Upcoming Course:

# TMJPainMANAGEMENT Online Masterclass

Feb 23<sup>rd</sup>, 24<sup>th</sup>, 25<sup>th</sup>, 26<sup>th</sup> 2022 1 PM to 5 PM (IST)

+91 9833400664 For Registration: www.mikdental.in

LECTURES ANIMATIONS PATIENT DEMONSTRATIONS



Fr. Mæz

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This one of its kind 'Taming the TMJ' course is a complete eye opener. Besides throwing light on the role of a dentist in management of frank TMJ pain, it also opens horizons towards oro-facial pain management including headaches, ENT issues, occular problems, spine and posture related concerns, etc.

Focused on a Diagnosis Driven Treatment Approach, the course shall help you ascertain the origin of pain via visualization, palpation, MRI/CBCT scans and plan definite and predictable treatment outcomes.

If you wish to do more than just 'Tooth-based-Dentistry', this course is your answer.

### YOU WILL GET ANSWERS TO MULTIPLE QUESTIONS LIK

- How does the joint function and undergo dysfunction?
- How to manage clicking in the jaw joint?
- How to diagnose and differentiate a muscular issue from a true TMJ pathology?
- How to read a TMJ MRI and CBCT? How to reduce acute and severe pain associated with TMDs?
- How to manage chronic pain patients?
- How to incorporate referral practice?
- How to convince patients for treatment?
- How to design and fabricate splints?
- How to perform occlusal equilibration?
- What is role of orthodontics in TMD management?

# **TOPICS TO BE COVERED**

- Introduction to TMJoint,
- Who can treat TMJ Pain,
- Who is your potential patient,
- Why is learning about TMDs so important for every dental practitioner,
- How to diagnose TMJoint issues,
- Introduction to the concept of Peaceful Neuromusculature,
- Understanding the TMJoint anatomy,
- Recognizing the interrelationship between TMDs and ENT issues,
- Understanding the 'Cascading Effect' of a traumatic bite,
- Understanding the etiology of TMJ disorders,
- Recognizing the role of adaptive capacity in cause-and-effect relationship,
- Understanding 'Joint Sounds- Click, Pop, Crepitus'
- Staging of TMJ breakdown,
- Recognizing the importance of early diagnosis and timely treatment,
  Understanding why more and more people are developing
- Understanding why more and more TMDs, especially at an early age,

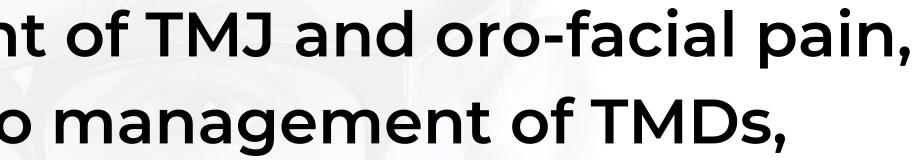


- Differentiating muscular issues from intra-capsular issues Books worthy of reading for further knowledge, Case History Sheet used for TMD cases (specially designed by
- Dr. Khakiani),
- Video demo on range of motion and implications in TMD cases, - Video on mandibular deviation, deflection and disco movement
- with implications,
- Video on palpation of muscles involved in TMD patients,
- Video on palpation of TMJoint,
- Role of imaging in diagnosis of TMDs, - Reading of TMJ scans and CBCTs for bony disorders, - Reading of TMJ MRIs for discal disorders (made super easy for
- general dentist),
- Introduction to Treatment Planning in patients with TMJ issues.



### Treatment options in management of TMJ and oro-facial pain,

- Phase-wise treatment approach to management of TMDs,
- Role of Self-management,
- Role of Pharmacotherapy and medications to be prescribed,
- Role of Physiotherapy and exercises to be performed,
- Role of Psychotherapy and when to refer a patient,
- Role of Low Level Laser Therapy (LLLT),
- Role of Botox,
- Role of PRF,
- Role of intra-capsular lavage (arthrocentesis),
- SPLINT THERAPY in management of TMD issues
- Understanding the different designs of splints and their indications,
- 4 types of splint designs: anterior stop, permissive, anterior repositioning and pivotal appliance,



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- Understanding occlusion and splint adjustment,
- Protocols for splint fabrication: Direct (customized intraorally) and Indirect (lab-fabricated),
- Videos on splint fabrication and adjustment- 3 techniques,
- Simplified 'Treatment Navigation Approach' for management of every possible TMJ issue,
- Understanding the role of digital gadgets in occlusal refinement,
- Permanent Treatment Options for TMD cases:
- Occlusal Equilibration following stabilization of TMJs
- Role of Orthodontics (Fixed mechanotherapy and Aligners) for long-term management,
- Full Mouth Rehabilitation in recovered TMJ patients.



# HANDS-ON

- Fabrication of Full Arch Permissive Splint with Anterior Guide Table and customization of the occlusal scheme using ideal articulating paper thickness and design (Direct technique).
- Fabrication of Anterior Repositiong Splint.
- Fabrication of *Pivotal Splint*.
- Customization of an Anterior Stop Appliance (Unwind MD) using self-cure acrylic resin.
- Recording bite using LeafGauge and BiteAI for lab fabricated Splints.

All participants will receive e-notes with actual slides from the course. All participants will receive a personalized 'Certificate of Completion' at end of the course. All hands-on participants will receive customized splints for their personal use (if needed).

**Please Note : Hands - on date & fee to be announced during the live** session.

### Registration

Untill 31st Jan

1st Feb onwards



Date - 23rd, 24th, 25th & 26th Feb 2022 Time - 1:00 PM to 5:00 PM (IST) Venue - Live Online event

## DR. HETAL - 9111212912 | DR. SONI - 9833400664



### Lecture & Demo

Rs. 14,999/-

Rs. 24,999/-

